

EDITORIAL

A didactic journal for aspiring physician-scientists

About four years ago, the Regional Council of Medicine of the State of São Paulo (Cremesp) took its first steps toward launching its inaugural scientific journal, the Journal of Medical Resident Research (JMRR). Since then, this pioneering initiative has provided young physicians with a valuable opportunity to enter the academic field—an arena that often seems inaccessible—with greater confidence. With its strong educational mission, *JMRR* offers medical students, resident physicians, and early-career doctors essential feedback, guidance, and support at the most critical stage of their academic journey: the beginning. Moreover, with its bilingual edition, the journal enhances the visibility of published work, extending its reach to an international audience.

Since then, we have witnessed a continuous evolution in the quality of submitted manuscripts, along with a growing interest from medical residents and students. These works explore important topics that are not only relevant to those entering the medical profession but also to more experienced colleagues across a wide range of specialties. More importantly, they highlight the immense potential of the new generation of physicians, who require only encouragement, support, and opportunities to thrive in their careers, as many already possess the intellectual capacity, scientific spirit, academic curiosity, and dedication needed to make meaningful contributions to the field of medicine.

In this edition, as expected, we present papers of high scientific relevance. The articles explore topics that have a significant impact on fields such as public health and palliative care—both of which are crucial to modern medicine. Additionally, this issue includes a compelling case report detailing the authors' experience in managing a challenging diagnosis: acute myocardial infarction without coronary obstruction. The high caliber of these contributions underscores the success of JMRR in fulfilling its core mission—nurturing the scientific spirit of new generations of physicians.

The direction taken by *JMRR* has inspired us to develop additional initiatives focused on medical residency, including dedicated panels at the 1st and 2nd Cremesp Medical Congress—both of which were highly successful in terms of audience engagement and organization. Cremesp has also spearheaded pioneering events aimed at young doctors, such as the Introduction to Research Symposium, designed to guide them through the initial steps of scientific article writing. Given the great success of this initiative, we plan to hold it again in the future, reinforcing our commitment to fostering scientific development among early-career physicians.

JMRR and these other initiatives reflect Cremesp's steadfast commitment to upholding and promoting science. As Albert Szent-Györgyi, the Hungarian-born physiologist and naturalized American who won the 1937 Nobel Prize for his discovery of vitamin C as a catalyst, aptly stated: *"Research is seeing what everyone else has seen, and thinking what no one else has thought."*

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